

SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY

SAULT STE. MARIE, ONTARIO



**SAULT
COLLEGE**

COURSE OUTLINE

COURSE TITLE:	Hair Removal		
CODE NO. :	EST 114	SEMESTER:	1
PROGRAM:	Esthetician		
AUTHOR:	Roya Ghassemkani		
DATE:	Sept. 2016	PREVIOUS OUTLINE DATED:	2015
APPROVED:	"Angelique Lemay"		Aug/16
	_____		_____
	DEAN		DATE
TOTAL CREDITS:	4		
PREREQUISITE(S):	None		
HOURS/WEEK:	4		

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I. COURSE DESCRIPTION:

This course will provide students with theoretical knowledge of the structure of the hair, stages of hair growth, disorders and related conditions. Students will develop skills in conducting client consultations and will develop the practical skills required to perform a variety of safe and effective hair removal services on the face and body with the use of hard and soft waxes. Emphasis will be placed on speed and accuracy and the practice of safety, sanitation and disinfection of work station and implements as instructed by The Algoma Public Health. Students will be introduced to the Spa at Sault College where emphasis will be placed on customer service, retailing of products and services and the overall development of practical skills.

II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:

Upon successful completion of this course, the student will demonstrate the ability to:

1. Conduct a professional client consultation.

Potential Elements of the Performance:

- a. Conduct self in a professional manner and demonstrate effective communication skills
 - b. Analyze information recorded on the client health history form
 - c. Determine contraindications, cautions and necessary modifications to treatments utilizing information related to product ingredients and client health history
 - d. Recognize when to refuse a treatment due to health and safety concerns and when to refer to a physician
 - e. Discuss before and after care precautions and procedures
 - f. Recommend the use of esthetic products for home care maintenance and explain the correct usage and benefits of each
 - g. Contribute to the maintenance of client documents and records by accurately recording information and filing confidential client information
2. Perform a variety of safe and effective hair removal services on the face and body with the use of hard and soft waxes.

Potential Elements of the Performance:

- a. Prepare a treatment room and work station for a waxing service and maintain a clean, safe and organized work area.
 - b. Apply the correct procedures and precautions required for the safe removal of body and facial hair.
 - c. Perform and complete the steps of a professional waxing service on male and female clients.
 - d. Effective and speed accuracy during a waxing treatment.
3. Select and recommend the use of esthetic products to clients.

Potential Elements of the Performance:

- a. Consult with and recommend to clients essential home maintenance products in order to maintain the health of the skin.
 - b. Promote the features and benefits of esthetic products and services to client, to assist them in determining course of action.
 - c. Explain a home maintenance schedule to the client and demonstrate the correct usage of various skin care products and tools.
 - d. Explain to the client the benefits and the effects of the products and tools.
4. Maintain and use waxing equipment, instruments, materials and supplies according to the industry standards and in compliance with the Algoma Public Health.

Potential Elements of the Performance:

- a. Practice safe and effective sanitation, disinfection and sterilization methods on instruments, equipment, materials, work surfaces and work stations as required by the Algoma Public Health.
 - b. Use electrical waxing equipment safely and correctly.
 - c. Use instruments, materials and supplies in a safe, correct and professional manner.
 - d. Maintain, and store all equipment, instruments, materials and supplies according to manufacturer's guidelines and as required by Algoma Public Health regulation
5. Apply relevant knowledge of the structure and composition of the hair to the provision of hair removal services.

Potential Elements of the Performance:

- a. Apply knowledge of the structure and composition of the hair, identifying the stages of hair growth, hair types, disorders and related conditions.
 - b. Describe how health, age, gender, diet, stress and external factors can affect the hair.
 - c. Apply knowledge of the body systems, such as the immune and circulatory systems and apply their basic functions to the provision of hair removal services, taking into account contraindications, cautions and appropriate modifications
 - d. Describe the most common home hair removal methods and the effects they have on the skin, hair and regrowth
 - e. Describe the advantages and disadvantages of permanent and semi-permanent hair removal methods
6. Adhere to health, safety, sanitation, infection and prevention control guidelines, according to the industry standards in compliance with Algoma Public Health regulations.

Potential Elements of the Performance:

- a. Practice disinfection/ sterilization procedures in accordance with Algoma Public Health regulations
 - b. Practice sanitation procedures as required by the Algoma Public Health regulations
 - c. Use gloves, masks or other suitable personal protective equipment appropriately during the provision of treatments to ensure safety of the client, yourself and others
 - d. Handle hazardous materials and dispose of waste in compliance with Algoma Public Health regulations.
7. Establish and maintain a professional image and conduct in adherence to the standards and ethics associated within the esthetic industry.

Potential Elements of the Performance:

- a. Comply with the Policies and Procedures developed by the Esthetician's Diploma Program and adhere to the professional expectations for dress, hygiene and grooming
- b. Adhere to the policies outlined in the Student Code of Conduct regarding behaviour and conduct inside and outside the classroom
- c. Adhere to the code of ethics associated with the esthetic practice
- d. Demonstrate accountability for your academic and professional growth by soliciting constructive feedback relating one's own performance, strengths and limitations
- e. Determine current trends and issues impacting the esthetic industry
- f. Review the role of professional associations affiliated with the

- esthetic industry
- g. Demonstrate effective interpersonal, verbal and non-verbal communication skills in dealing with peers, faculty and clients
 - h. Demonstrate punctual attendance to all classes and be prepared with all the necessary materials for each class
 - i. Clean and either disinfect or sterilize all instruments, equipment and client draping materials after each use. Keep workstations neat and clean during and after each service

8. Develop customer service strategies that meet and adapt to individual needs and expectations in accordance with professional standards and ethics.

Potential Elements of the Performance:

- a. Determine the characteristics and benefits of excellent customer service
 - b. Recommend services and products to meet individual needs and expectations
 - c. Use effective communication skills and problem solving strategies to respond to customer complaints in the Student Esthetician Clinic
 - d. Adhere to codes of ethics and conduct related to quality customer service
 - e. Analyze the impact of excellent customer service and the ability to promote home maintenance products
9. Determine professional development strategies that lead to the enhancement of work performance and career opportunities and keep pace with industry change.

Potential Elements of the Performance:

- a. Solicit constructive feedback relating to one's own performance, strengths and limitations, to identify areas for professional growth and development
- b. Determine current trends and issues impacting upon the delivery of esthetic services
- c. Identify learning resources and opportunities which promote professional skill development.

III. TOPICS:

1. Soft Wax Procedures
2. Hard Wax Procedures
3. Preparing a Treatment Room
4. Client Health History and Consultation
5. Contraindications
6. Types of Wax
7. The Hair Growth Cycle
8. Hair Growth Disorders and Disease
9. Temporary, permanent and Semi- Permanent Methods of Hair Removal
10. Sanitation and Disinfection
11. Roller Wax Procedures

IV. REQUIRED RESOURCES/TEXTS/MATERIALS:

Attend each class fully prepared with handouts, tweezers, small scissors, eyebrow brush, eyebrow pencil, a headband, and a wrap or towels to drape with. Text book; Salon fundamentals esthetics

V. EVALUATION PROCESS/GRADING SYSTEM:

Practical 85%
Theory 15%

Students must be prepared to be worked on and to work on their partner in return. In order to receive a grade for this course, students must be able to apply and remove wax safely, effectively and efficiently on all areas of the face and body to a standard that is acceptable to the industry.

The following semester grades will be assigned to students:

Grade	<u>Definition</u>	<i>Grade Point Equivalent</i>
A+	90 – 100%	4.00
A	80 – 89%	
B	70 - 79%	3.00
C	60 - 69%	2.00
D	50 – 59%	1.00
F (Fail)	49% and below	0.00
CR (Credit)	Credit for diploma requirements has been awarded.	
S	Satisfactory achievement in field /clinical placement or non-graded subject area.	
U	Unsatisfactory achievement in field/clinical placement or non-graded	

	subject area.
X	A temporary grade limited to situations with extenuating circumstances giving a student additional time to complete the requirements for a course.
NR	Grade not reported to Registrar's office.
W	Student has withdrawn from the course without academic penalty.

If a faculty member determines that a student is at risk of not being academically successful, the faculty member may confidentially provide that student's name to Student Services in an effort to help with the student's success. Students wishing to restrict the sharing of such information should make their wishes known to the coordinator or faculty member.

VI. SPECIAL NOTES:

Attendance:

Sault College is committed to student success. There is a direct correlation between academic performance and class attendance; therefore, for the benefit of all its constituents, all students are encouraged to attend all of their scheduled learning and evaluation sessions. This implies arriving on time and remaining for the duration of the scheduled session.

Attendance Policy for Practical Courses:

1. **In order to successfully complete EST 114, a student must maintain an 80% attendance record throughout the semester.** Anything less than an 80% attendance record will result in an F grade regardless of marks achieved through tests and assignments as the student has not met the Professional Image standards defined in the course outline.
2. Poor attendance also dismisses any student from the privilege of rotations in the Spa at Sault College as this presents a health and safety risk to other classmates as well as clients of the Spa.

VII. COURSE OUTLINE ADDENDUM:

The provisions contained in the addendum located in D2L and on the portal form part of this course outline.



COURSE OUTLINE ADDENDUM

1. Course Outline Amendments:

The faculty member reserves the right to change the information contained in this course outline depending on the needs of the learner and the availability of resources.

2. Retention of Course Outlines:

It is the responsibility of the student to retain all course outlines for possible future use in acquiring advanced standing at other postsecondary institutions.

3. Prior Learning Assessment:

Students who wish to apply for advance credit transfer (advanced standing) should obtain an Application for Advance Credit from the program coordinator (or the course coordinator regarding a general education transfer request) or academic assistant. Students will be required to provide an unofficial transcript and course outline related to the course in question. Please refer to the Student Key Dates Calendar for the deadline date by which application must be made for advance standing.

Credit for prior learning will also be given upon successful completion of a challenge exam or portfolio. Student Services can provide information regarding the Prior Learning Assessment and Recognition policy or it can be viewed on the student portal.

Substitute course information is available in the Registrar's office.

4. Student Portal:

The Sault College portal allows you to view all your student information in one place. **mysaultcollege** gives you personalized access to online resources seven days a week from your home or school computer. Single log-in access allows you to see your personal and financial information timetable, grades, records of achievement, unofficial transcript, and outstanding obligations. In addition announcements, news, academic calendar of events, class cancellations, your learning management system (LMS), and much more is available. Go to <https://my.saultcollege.ca>.

5. Communication:

The College considers **Desire2Learn (D2L)** as the primary channel of communication for each course. Regularly checking this software platform is critical as it will keep you directly connected with faculty and current course information. Success in this course may be directly related to your willingness to take advantage of this Learning Management System (LMS) communication tool.

6. Accessibility Services:
If you are a student with a disability (e.g. physical limitations, visual impairments, hearing impairments, or learning disabilities), you are encouraged to discuss required accommodations with the Accessibility Services office. Call Ext. 2703 or email studentsupport@saultcollege.ca so that support services can be arranged for you.
7. Audio and Video Recording Devices in the Classroom:
Students who wish to use electronic devices in the classroom will seek permission of the faculty member before proceeding to record instruction. Students with disabilities who require audio or visual recording devices in the classroom as an accommodation will receive approval from their counsellor once the Audio and Video Recording Devices in the Classroom Policy has been reviewed by the student. Recorded classroom instruction will be used only for individual academic use and will not be used for any other purpose. Recordings may only be used for individual study of materials presented during class and may not be published or distributed. Intentional misuse of audio and video recordings or intentional misrepresentation when requesting the use of a device for recording shall constitute a violation of this policy and laws protecting intellectual property.
8. Academic Dishonesty:
Students should refer to the definition of “academic dishonesty” in the *Student Code of Conduct*. Students who engage in academic dishonesty will be issued a sanction under the Student Code of Conduct which could lead to and include expulsion from the course/program. In order to protect students from inadvertent plagiarism, to protect the copyright of the material referenced, and to credit the author of the material, students must use a documentation format for referencing source material.
9. Tuition Default:
Students who have defaulted on the payment of tuition) as of the first week of November (fall semester courses), first week of March (winter semester courses) or first week of June (summer semester courses) will be removed from placement and clinical activities due to liability issues. This may result in loss of mandatory hours or incomplete course work. Sault College will not be responsible for incomplete hours or outcomes that are not achieved or any other academic requirement not met as of the result of tuition default. Students are encouraged to communicate with Financial Services with regard to the status of their tuition prior to this deadline to ensure that their financial status does not interfere with academic progress.